



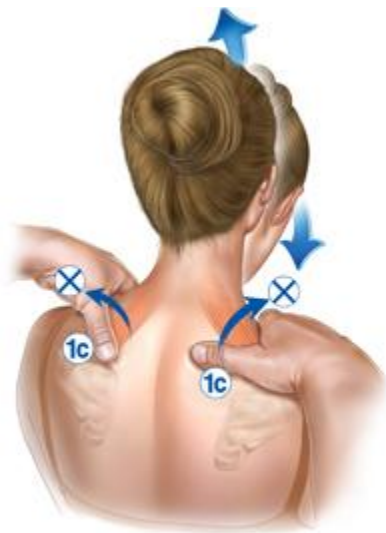
Neurostructural Integration Technique

NST Health offers effective relief for back pain. The treatment NST (neurostructural integration technique) was developed by [Dr. Michael Nixon-Livy](#) and results in fast and effective pain relief combined with increased energy levels and better health.

This method of pain relief causes the patient to relax deeply.

Relaxation is followed by a spontaneous automatic correction within the muscular, nervous, visceral and endocrine systems.

The treatment may be used a number of times for its full effects to be achieved however 85% of those treated report **full pain relief** after a few sessions.



NST is highly effective for relieving back, neck, shoulder, wrist, knee and ankle pain and pain from **accidents and sporting injuries**.

Soft tissue osteopathy

Sometimes referred to as soft tissue osteopathy or chiropractics, NST also assists with the psychological and nutritional needs of individuals thus [allowing NST Practitioners](#) to completely satisfy Edison's vision of 'The Doctor of the Future'.

FREE INITIAL CONSULTATION: 07711 649175

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