

Directions

**Sally Rosemary, Esential Health
Primrose Cottage
Fisherwick Wood Lane
Whittington
Lichfield
WS13 8QQ**

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PLEASE NOTE:

SAT NAV often sends people in the wrong direction, so suggest you follow these directions

From Tamworth

- Take A51 through Hopwas & then Packington
- Continue for about 1 mile
- As road dips and widens take right turn into Whittington
- At Dog pub crossroads continue straight on through village
- Pass Bell pub on left
- After 250 metres pass Swan pub on right
- Go over canal bridge, then under railway bridge
- After 300 metres come to small staggered crossroads – turn right into **Fisherwick Wood Lane** (signposted Fishing Lakes) **SEE BELOW**

From Lichfield

- At junction with Trent Valley Road and Eastern Avenue take Cappers Lane
- Continue straight over at next roundabout
- Road goes under A38 **
- After 100 metres take left turn to Huddlesford
- Go over humpbacked bridge (Plough pub on right) and continue straight over crossroads
- At next junction (1 mile) cross over staggered junction to **Fisherwick Wood Lane** (signposted Fishing Lakes) **SEE BELOW**

From A38 South

- After Fradley exit look out for Fradley Arms pub on left hand side – slow down
- Soon after this is a small turning signposted Whittington
- Continue for about 1 mile going over level crossing and following sharp right hand bend
- At crossroads turn left into **Fisherwick Wood Lane** (signposted Fishing Lakes) **SEE BELOW**

If you miss the turning off the A38 to Whittington (which is easily done), take A5127 exit to Lichfield. Follow signs to Lichfield. Continue for about 1 mile along the Burton Road – through Streethay, over railway bridge to roundabout – take 1st turning left along Trent Valley Road. At next roundabout go straight over – down Cappers Lane – under A 38 bridge and continue from ** above.

From A38 (coming from Birmingham - & heading north towards Burton on Trent)

- Take 2nd Lichfield exit – signposted A5192
- Take right turn under the A38
- At 100 metres take first left turn signposted Huddlesford
- Go over humpbacked bridge (Plough pub on right) and continue straight over crossroads
- At next junction (1 mile) cross over staggered junction to **Fisherwick Wood Lane** (signposted Fishing Lakes) **SEE BELOW**

From Fisherwick Wood Lane

- After 50 metres pass red brick house on corner and follow right hand bend
- After 100 metres, at 3 way junction take left turn (follow blue sign to Fisherwick Hall – private road)
- Continue along this straight road – pass fishing lakes on the right
- After 100 metres, as road bears left, take gravelled track on right
- After 100 metres pass Bluebell Cottage on right – Primrose Cottage is next door. Parking is available in front of one garage – please note no parking in front of other garage – thank you.
- Extra parking also available by gas storage tank

srs\esencialhealth\primrosedirections